



North Swanbourne Beach Users Association

P.O. Box 35, CLAREMONT 6010

MY DELICATE DILEMMA

Ours is a wonderful beach, internationally famous for its friendly atmosphere and 'viability'. These facets must continue. Hence my quandary. As an organizer of the Olympics I have tried to please everyone, but it is difficult.

Traditionally we have had still photos of the Olympics but due to several requests we banned videos/movies. The pleasure of social photography versus the right of privacy. Is there a democratic solution?

My dilemma is this :- There has been another request for a record of the Olympics - properly done on video. The idea is to have up to three identifiable accredited camera operators to produce a tasteful record of the events. Copies would be available with any profits (minimal) going to the beach fund. Other video/movie usage would still be a no-no. However consider our reactions to the TV networks coverage of our previous Olympics. This is important. PLEASE discuss it and PLEASE tell me (Bruce) or other regulars of your feelings. I need feedback since a decision needs to be made prior to the Olympics. Try to consider everyone.

NUDITY

Phyllis Diller says there's so much nudity in films that this year's Oscar for clothing design will probably go to a dermatologist.

Swanbourne lympics

You are most welcome to join with us in the TENTH OLYMPIC GAMES to be held at North Swanbourne Beach. Remember, still photographs of the events are OK but due to popular demand, NO VIDEOS or MOVIES *** and for photos of people other than in events, ASK FIRST. It's only polite.

*** Important - read the newsletter.

DAY: SUNDAY FEBRUARY 16th 1992

COMMENCES: 10.00 am

DRESS: IMMATERIAL

PROGRAMME OF EVENTS

FOUR LEGGED RACE (all)
(four legged folks accepted)

FILL 'ER UP MATE (all)
(no containers - 6 per team)

SAND SCULPTURE (kids) (adults)
(lend a helping sand)

SWIM THROUGH SWAMY (M) (F)
(JAWS Part IX - nudist's revenge)

BEST BUM (M) (F)
(cheekiest contest down under)

FLOUR SACK STRUGGLE (adults) (kids)
(flour power)

PASS THE BUCK-ET (all)
(there's a hole)

HOT ROD RACE (all)
(4 per team - 2M, 2F, 1 rod)

EGGS IN SPACE (adults) (kids)
(poachers eggspelled)

TUG 'O WAR (all)
(the big pull over)

SWANBOURNE OLYMPICS SPONSORS

(so far)

AUSTRALIAN
sun & health
MAGAZINE

P.O. Box 5601, Mall Centre,
Gold Coast. Qld. 4217
Australia

Quit 
Health Department of Western Australia

G bbles
Nightclub

613 Wellington Street, Perth.

PMFM
92.9 FM STEREO

CANCER FOUNDATION OF WESTERN AUSTRALIA INC.
42 Old Street,
West Perth,
Western Australia, 6005

feminin **Jemma** masculin
internationale

Australasian POST

Hunt for deadly gene in families

SYDNEY: Australian researchers hope to be able to map within two years the familial gene which causes melanoma, the lethal skin cancer which afflicts one in 25 Australians.

And a Canadian drug company says it may have found a cream which could do away with the need for surgery to treat basal cell carcinoma, another type of malignant skin cancer.

Hyal Pharmaceutical Corporation said it used

About 1000 Australians die from skin cancer every year and 140,000 new cases are diagnosed.

At Sydney's Westmead Hospital, researchers are concentrating on families with a history of melanoma. Associate Professor Richard Kefford said 10 per cent of Australians with melanoma inherited it from their families.

Professor Kefford once his research had been

W. AUSTR. 6.11.91.
Very strong

sun creams available

Legislation restricts manufacturers to stating "SPF 15+". There is rarely a need for greater than an SPF 15 cream, considering the doses of ultra-violet light generally received by people in a full day of sun exposure.

The legislation was introduced to stop a confusing unnecessary battle by manufacturers to claim higher numbers in the hope of achieving more market penetration.

People seeking a normal amount of sun protection can be reassured that an ordinary SPF 15+ sun filter cream is adequate when combined with sensible avoidance of excessive sun and re-application of the cream after bouts of sweating or after swimming. — DR PETER RANDELL, spokesman, Australasian College of Dermatologists, West Perth.

HOW TO PREVENT SKIN CANCER

1) TRY TO STAY OUT OF THE SUN DURING THE MIDDLE OF THE DAY

2) WEAR A BROAD-BRIMMED HAT OR CAP WITH A FLAP
80% of skin cancer occurs on the head, face, ears and neck.

3) WEAR A SHIRT WITH SLEEVES
To ensure protection of the back, shoulders and arms.

4) SUNSCREENS

(i) Use a sunscreen that is 15+ broad spectrum.

(ii) Sunscreen should be layered on the skin, not rubbed in.

(iii) Sunscreen must be applied 15 minutes before going outside and 30 minutes before entering the water.

FOR FURTHER INFORMATION CALL THE CANCER FOUNDATION OF WA ON 321 6224.



CANDIDA (ie. Thrush) - can be sexually transmitted and as many men carry the infection without symptoms. Cross infection and re-infection can occur. UWA Immunologist Dr. R. Ashman says 3% of women are chronic sufferers; one woman in seven are prone to the disease (1 in 4 for pregnant women).

What has this to do with nudists? The medical profession accepts that wearing wet bathers is a significant cause of Candida. The W.A. Health Dept. is aware of this but has refused a request to warn the public.

Apparently the Government considers it is better to risk an unpleasant disease than to risk offending a minority of wowsers.

Rex Gate

THE SWANBOURNE SURF LIFE SAVING CLUB - are on a recruiting drive. They have a lot more to offer than saving lives, eg. fitness facilities, a great social life, new friends, a healthy beach lifestyle, the use of up-to-date surf and life saving equipment, interclub competitions and more. Juniors are particularly welcome so talk to any of the guys at the club, join up and use your time profitably.